



## Growing things



Plants give food for people, animals and birds. Some are grown specially as crops, others grow naturally. Flowers that are brightly coloured are important to attract bees and other insects. Even plants that we can't eat can be important to provide shelter or to cheer us up.

### You will need:

An empty cardboard egg box

Some compost

Seeds (We have used sunflowers because the birds like to eat the seeds from the centre of the flowers)

A plant label

### What to do:

1. Fill either the top or the bottom of your egg box with compost.
2. If you have big seeds plant them into the compost individually. If they are small spread them thinly then put a thin layer of compost over the top.
3. Put a label in your egg box saying what you have planted and when.
4. Water your seeds.
5. Keep them moist but not flooded and watch them grow.